

## **Sarnia-Lambton Fall 2019**

[www.earlyonlambton.ca](http://www.earlyonlambton.ca)



**Play with Peers**



**Linking Families with Services**



**Learning for Parents**



**Play with Parents and Caregivers**



# Table of Contents

	Page(s)
EarlyON Child & Family Centres .....	1
Sarnia & Area .....	2-3
Did You Know? .....	4
St. Clair Township .....	5
Lambton Public Health Parent Drop-in.....	6
SoundStart.....	7
Petrolia.....	8
Alvinston.....	9
Forest .....	10
Mobile Sites.....	11

**PLEASE NOTE: All sites will be closed on Friday, September 13th  
for Staff Professional Learning**

## EarlyON Child and Family Centres

The Ministry of Education funds the County of Lambton to oversee the delivery of EarlyON Centres. During 2019, the County of Lambton is working with existing service providers to continue the delivery of services throughout Lambton County and identifying areas where change is necessary to build the capacity of the system.

EarlyON Child and Family Centres offer free, drop-in programs for children up to six years old and their parents/caregivers. EarlyON Centres are places to engage and connect with others in the community and feel a sense of belonging.

### What does this mean for families?

- You will be welcomed by Registered Early Childhood Educators who can provide support, advice, and helpful resources.
- Community partners meet with families in their community, offering advice, support, assessments and therapies.
- Educators will continue to work with families and the community, to provide services that support the growth and development of young children and families.
- EarlyON Centres are places where parents and caregivers can start making connections and build relationships that are essential to realizing a child's full potential. Where they can learn, grow and connect.
- Children can learn, play, laugh, be curious, make friends and engage with others. Where they can build their sense of belonging and capacity for expression, enhance their own well-being and explore and engage with the world around them.

Thank you for your patience during our move to an electronic sign in system. The universal key fob code can be used at any of the EarlyON sites in Sarnia-Lambton. Please bring your fob each time you attend.



EarlyON Educators are posting photos of daily experiences at our Centres. Information on hours of operation and upcoming events are also posted.

**Follow us at Lambton EarlyOn Centre**

# Sarnia & Area

## Lambton College

### EarlyON Centre

North Building  
1457 London Road  
Sarnia, ON  
N7S 6K4

p. 519-542-6100  
f. 519-541-2423

#### Drop In Hours

Mon. 9 am - 3 pm  
Tues. 1 - 3:00 pm  
& 5 - 7:30 pm  
Wed. 9 am - 12 pm  
& 1-3 pm  
Thurs. 9 am - 3 pm  
Fri. 9 am - 12 pm  
Sat 9 am - 1 pm  
(Closed the Saturday of  
statutory holidays)

## Coronation Park

### EarlyON Centre

1014 Oak Avenue  
Sarnia, ON N7S 3T7  
p. 519-344-9601  
or 519-542-6100

#### Drop In Hours

Mon. 9 am - 12 pm  
Tues. 9 am - 12 pm  
\*Wed. **Active Babies  
only**  
\*9:30 am - 12 pm  
Fri. 9 am - 12 pm

## Nwiiykiwensag

### EarlyON Centre

Ska:na Family Learning  
Centre

295 Essex Street  
Sarnia, ON  
N7T 4S3  
p. 519-339-0945

#### Drop In Hours

Tues. & Thurs.  
9:30 am -12:30 pm  
(includes 1 hr. outdoor  
time—weather permitting)  
\*Wed. **Sensory Fun**

## Infant & Toddler

### Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and well-being. Parents will learn techniques to sooth and connect with their baby. Lead by a Certified Infant Massage Instructor, during 4 weekly sessions.

### Lambton College

Monday afternoons, **2:00-3:00 pm**  
September 9-30

\*Registration may begin August 19

Friday mornings, **10:00-11:00 am**  
November 15-December 6

\*Registration may begin October 25

### St. Clair

Tuesday afternoons, **1:30-2:30 pm**  
November 5-26

\*Registration may begin October 8

### Fun With Baby © ®

Through songs, stories and rhymes, parents/caregivers of infants 0-12 months will discover the benefits of experiences that promote language learning. Responding to the sounds, babbling and first words your baby makes, supports emergent literacy and brain development.

### Lambton College

Wednesday afternoons, **2:00-3:00 pm**  
October 23-November 27

\*Registration may begin October 2

### Active Babies Drop-in

Infants 6-16 months, will crawl through tunnels, climb foam hills and explore the environment around them. Together, you and your baby will engage in play that celebrates their developing motor skills. This format does not require pre-registration. **NO** childcare.

### Coronation Park

Wednesday mornings, **9:30 am-12:00 pm**

*To register for Lambton College & Coronation  
Park EarlyON Centre programs, please call  
519-542-6100 Ext. 2945*

*To register for St. Clair EarlyON  
Centre programs, please call 519-337-7811*

*To register for Nwiiykiwensag EarlyON Centre  
programs, please call 519-339-0945 Ext. 227 or  
Email: [Brittany@skanaflc.com](mailto:Brittany@skanaflc.com)*

### Bubbles and Babies © ®

(Recommended for infants who  
are not walking)

Bring your baby for an afternoon of  
exploration with blowing bubbles and singing.  
This activity is great for your baby's language  
development. This session is facilitated by  
our Infant & Child Developmental Specialist:  
Katie Ellis

### St. Clair

Tuesday afternoon, **1:30-2:30 pm**  
September 17

\*Registration may begin August 20

### Babies First Games © ®

(Ages 0-12 months)

Discover and explore new ways to engage  
your infant in productive play that will promote  
early development. This session is facilitated  
by our Infant & Child Developmental Special-  
ist: Jan Fairbairn-Burr.

### St. Clair

Tuesday afternoon, **1:30-2:30 pm**  
September 24

\*Registration may begin August 27

### Exploration With Toddlers ®

Toddlers are competent, complex thinkers  
in play. They have a unique way of learning  
about their world. Toddlers learn by  
engaging in active, play-based experiences,  
especially with a responsive adult. This  
program will give you and your toddler the  
opportunity to engage in meaningful  
interactions while exploring the drop-in  
environment as co-explorers and  
co-learners. Many of the experiences can  
be replicated at home, which further  
extends your child's learning. This program  
is geared to the **15-30 month old toddler**.

### Coronation Park

Thursday mornings, **9:30-11:30 am**  
November 21-December 12

\*Registration may begin October 31

#### LEGEND

- © Childcare  
Provided
- ® Registration  
is Required

## Preschool

### Family Math © ®

Parents and children will have opportunities to explore and investigate during hands-on math experiences. This interactive program is for parents and children in **JK, SK and Grade 1 only**.

### **Lambton College**

Tuesday evenings, **6:00-7:30 pm**

September 17-October 22

\*Registration may begin August 27

## Parent Information

### Visit with a Registered Dietitian

A Registered Dietitian / Nutritionist from Lambton Public Health will be available to discuss Nutrition and Dietary concerns. Topics: Introducing solids, making baby food and picky eaters.

### **St. Clair**

Wednesday, September 18, **9:30-10:30 am**

### Dental Screening for Children

(Ages Birth-6 years)  
Lambton Public Health (Dental Hygienists) will be on-site to perform dental health screening on children within program. Screening will include counting of teeth, screening for dental concerns, distributing free supplies such as: toothbrushes, toothpaste and floss. Information about dental health will be available.

### **St. Clair**

Tuesday, September 10, **10:00-11:30 am**

Monday, November 25, **10:00-11:30 am**

## Family Activities

### Corn Husk Doll Legend ®

(Recommend ages 4+)  
We will be sharing the legend of "Why the Cornhusk Doll has no face" with the opportunity of making your own doll.

### **Nwiiikiwensag**

Saturday, September 28, **10:00 am-12:30 pm**

\*Register before September 13

### Indigenous Fry Bread Making ®

(1 child to 1 adult ratio please)  
Come learn, get messy, make mistakes and explore the art of traditional Fry Bread.

### **Nwiiikiwensag**

Saturday, October 26, **10:00 am-12:30 pm**

\*Register before October 18

## Family Activities continued

### Sensory Fun

(Ages 2-6 years)

We have created a natural space for children, parents and caregivers that allows learning through exploration and discovery. We also partner with other community organizations as a resource for families. Through activities that stimulates your young child's senses: touch, smell, taste, movement, balance, sight and hearing. Along with small and large motor skill activities in an inviting environment. There will be a theme attached to the day for your children to explore and learn about.

### **Nwiiikiwensag**

Wednesday mornings, **10:00-11:30 am**

### Indigenous Exploration and Story Telling

(All ages)

Everyone is welcome to join us for the series of introductory sessions, in learning more about the Ojibwe Indigenous Culture. Each week an EarlyON Indigenous Advocate will provide us with Indigenous learning opportunities. The 5 sessions will include an introduction of learning materials from the 'Indigenous Kit', which will include: drumming, songs, legends, teachings, story telling, circle activities, etc.

### **St. Clair**

Tuesday afternoons, **2:15-3:15 pm**

October 1-29

### Family Literacy Experiences

The Early Literacy Specialist visits our Drop-in locations on a regular basis to implement literacy focused experiences. She is also available to answer questions related to early literacy and numeracy from parents or caregivers.

### **St. Clair**

Monday mornings, **9:00-11:30 am**

Sept. 16, Oct. 7, Nov. 4, Dec. 9

### **Bright's Grove**

Tuesday mornings, **9:30-11:30 am**

Sept. 10, Oct. 15, Nov. 12

### **Coronation Park**

Monday mornings, **9:30 am-12 pm**

Sept. 23, Oct. 21, Nov. 18, Dec. 2

### LEGEND

- © Childcare Provided
- ® Registration is Required

### **La ribambelle Saint-Thomas -d'Aquin Centre ON y va**

931 Champlain Rd.

Sarnia, ON

N7V 2E9

p. 519-542-5423

f. 519-542-4935

### Drop In Hours

Tues. & Wed. & Thurs.

9:30 am-12:30 pm

### **Bright's Grove**

### **EarlyON Centre**

St. Michael School

1930 Wildwood Drive

Bright's Grove, ON

N0N 1C0

p. 519-542-6100

### Drop In Hours

Tues. 9:30 - 11:30 am

### **St. Clair EarlyON Centre**

Lochiel Kiwanis Community Centre

180 College Ave. N.

Sarnia, ON

N7T 7X2

p. 519-337-7811

f. 519-337-0914

### Drop In Hours

Mon., Wed. & Fri. -

9:00-11:30 am

Tues. & Thurs. -

9:00-11:30 am & 1-3:15 pm

\*Rides to programs  
(within the City of Sarnia)

Thursday mornings  
Please call 519-337-7811

before 8:45 am if you  
need a ride.

To register for Lambton College & Coronation Park EarlyON Centre programs, please call 519-542-6100 Ext. 2945

To register for St. Clair EarlyON Centre programs, please call 519-337-7811

To register for Nwiiikiwensag EarlyON Centre programs, please call 519-339-0945 Ext. 227 or Email: [Brittany@skanaflc.com](mailto:Brittany@skanaflc.com)

# Did You Know?

## **Your Child's enhanced 18-month well-baby visit**

When you go for your visit, you and your health care provider will discuss your child's development and you can ask any questions you may have. You will complete a checklist, which provides a snapshot of your child's development and a starting point for your discussion.

The visit allows early identification of any concerns and a referral to specialized community services, if necessary, for your child.

If you do not have a health provider, you can meet with a public health nurse by calling (519) 383-8331. For more information go to [www.children.gov.on.ca](http://www.children.gov.on.ca)

## **French Mondays**

Monday morning visits are an immersion in the French language for families attending English EarlyON Centres.

The French vocabulary is integrated via games, stories and songs, during the free play moments, snack time and the circle time, which is co-led in French and English with two educators.

All families are welcome!

### **Corunna EarlyON Centre**

Monday mornings 9:30-11:30 am  
December 2019, May 2020

### **Forest EarlyON Centre**

Monday mornings 9:30-11:30 am  
October 2019, March 2020

### **Lambton College EarlyON Centre**

Monday mornings 9:30-11:30 am  
January 2020

### **Petrolia EarlyON Centre**

Monday mornings 9:30-11:30 am  
September 2019, February 2020

### **St. Clair EarlyON Centre**

Monday mornings 9:30-11:30 am  
November 2019, April 2020

## **Parent and Professional Resource Centre (PPRC)**

**What:** A place where parents and caregivers can make learning materials to use with children in their home. Materials and laminating are provided for use while at the centre, free of charge.

**Where:** Lambton College North Building (in with the EarlyON Centre)

**When:** Tuesday 12-8, Wednesday 11-6, Thursday 12-8 The first and third Saturday of the month (closed the Saturday of a stat holiday).

\*Limited child care provided by the  
EarlyON Centre Tuesday afternoons, between 12:30-2:30 pm, for one hour, on a first come, first served basis.

**Thank you to the County of Lambton for funding the Parent and Professional Resource Centre.**

## Infant & Toddler

### **Bubbles and Babies** © ®

Bring your baby for a fun day blowing bubbles and singing! Why bubbles? They are fun and are great for a baby's language development. Come find out why! Great for **infants 6-12 months old**.

### **Brigden**

Friday, December 6, **9:30-10:30 am**

### **Infant Massage** © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and well-being. Parents will learn techniques to sooth and connect with their baby. Lead by a Certified Infant Massage Instructor, during 4 weekly sessions.

### **Corunna**

Wednesday afternoons, **1:30-2:30 pm**  
September 18-October 9

## Parent Information

### **Visit with Registered Dietitian**

A Registered Dietitian will join us to discuss how to tell if your baby is ready for solids, what you need to know about food allergies and making food at home for your baby, as well as answer any questions parents may have regarding nutrition and their children's diet.

### **Corunna**

Wednesday, September 25, **10:00-11:30 am**

### **All About Teeth**

A Registered Dental Hygienist from Lambton Public Health will be visiting with lots of information on children's dental health and be able to answer all your questions, such as when to see a Dentist, fluoride and thumb-sucking.

### **Corunna**

Wednesday, October 23, **9:30-11:00 am**

### **Port Lambton**

Thursday, October 24, **9:30-11:00 am**

### **Brigden**

Friday, October 25, **9:30-11:00 am**

## Family Activities

### **Family Literacy Experiences**

The Early Literacy Specialist visits our Drop-in locations on a regular basis to implement literacy focused experiences. She is also available to answer questions related to early literacy and numeracy from parents or caregivers.

### **Corunna**

Friday mornings, **9:30-11:30 am**  
Sept. 6, Oct. 4, Nov. 8, Dec. 6

### **Port Lambton**

Thursday mornings, , **9:30-11:30 am**  
Sept. 12, Oct. 17, Nov. 14

### **Brigden**

Friday mornings, **9:30-11:30 am**  
Sept. 20, Oct. 11, Nov. 1

### **Exploring Music & Movement with Young Children**

(Best suited for ages 2-6 years)  
Join us as we explore instruments and other materials and move to the music!

### **Brigden**

Fridays, November 8-22, **11:00-11:30 am**

### **Port Lambton**

Thursdays, November 14-28, **11:00-11:30 am**

### **Corunna**

Wednesdays, Nov. 20-Dec. 4, **11:00-11:30 am**

To register for  
Port Lambton,  
Corunna &  
Brigden  
EarlyON  
Centre sites,  
call 519-892-3151

### **LEGEND**

- © Childcare Provided
- ® Registration is Required

### **Port Lambton EarlyON Centre**

Riverview Central School  
3926 St. Clair Parkway  
Port Lambton, ON  
N0P 2B0  
p. 519-892-3151

### **Drop In Hours**

Tuesday 9 - 11:30 am  
Thursday 9 - 11:30 am  
\*5:30 - 8 pm

(\*Registered Programs Only)

### **Corunna EarlyON Centre**

St. Joseph School  
535 Birchbank Drive  
Corunna, ON N0N 1G0  
p. 519-862-5071  
or 519-542-6100

### **Drop In Hours**

Monday 9 - 11:30 am  
Wed. 9 - 11:30 am  
& 1 - 3:30 pm

\*Thurs. 5:30 - 7:30 pm  
(\*Registered Programs Only)

Friday 9 - 11:30 am

### **Brigden EarlyON Centre**

Brigden United Church  
2420 Jane St.  
Brigden, ON N0N 1B0  
p. 519-892-3151

### **Drop In Hours**

Friday 9 - 11:30 am



### **Parent Drop-In Program**

A Public Health Nurse is on site to discuss your child's growth and development, and address any concerns you may have.

To speak to a Public Health Nurse outside of these drop-In times, call 519-383-8331 ext. 3817

**Alvinston  
EarlyON Centre**  
1st Tuesday of  
each month  
(9:30-11:30 am)

**Arkona  
EarlyON Centre**  
2nd Tuesday of  
each month  
(10-11:30 am)

**Brigden  
EarlyON Centre**  
2nd Friday of  
each month  
(9:30-11:30 am)

**Camlachie  
EarlyON Centre**  
3rd Monday of  
each month  
(10-11:30 am)

**Coronation Park  
EarlyON Centre**  
3rd Tuesday of  
each month  
(9:30 - 11 am)

**Corunna EarlyON  
Centre**  
Every Wednesday  
(10 - 11:30 am)

**Forest EarlyON  
Centre**  
Every Thursday  
(9:30 - 11:30 am)

**Grand Bend  
EarlyON Centre**  
3rd Friday of  
each month  
(10-11:30 am)

**Lambton College  
EarlyON Centre**  
Every Monday  
(9:30 - 11:30 am)

**Petrolia  
EarlyON Centre**  
Every Thursday  
(9:30 - 11:30 am)

**Lambton Public  
Health  
Point Edward**  
Every Wednesday  
(9:30-11:30 am)

**Port Lambton  
EarlyON Centre**  
1st Tuesday of  
each month  
(9-11 am)

**St. Clair  
EarlyON Centre**  
4th Tuesday of each  
month  
(9:30 - 11:30 am)

**Thedford  
EarlyON Centre**  
3rd Tuesday of  
each month  
(10-11:30 am)

**Watford  
EarlyON Centre**  
2nd Wednesday of  
each month  
(10-11:30 am)

**Wyoming  
EarlyON Centre**  
1st Thursday of  
each month  
(10-11:30 am)



“Is your child having difficulty communicating?”

A SoundStart Speech-Language Pathologist from Pathways Health Centre for Children is available at EarlyON Child and Family Centre drop-ins to talk with you about your child's communication skills.

Drop-Ins are available for families who want to meet with a Speech-Language Pathologist without arranging an appointment.

Drop-Ins are first come, first served.

You can also book an assessment appointment by contacting SoundStart through Pathways Health Centre for Children at 519-542-2074 or 1-855-542-3471.

**SoundStart** currently accepts referrals for children until January 31st of the year before they are eligible to attend Grade 1. Children beyond this age should be referred for school-based services through their teacher.

Services are funded by the Government of Ontario and are provided at no charge to families.



**Alvinston  
EarlyON Centre**  
Friday: 10:30 - 11:30 am  
October 25

**Coronation Park  
EarlyON Centre**  
Tuesday: 10:00 - 11:00 am  
September 10, December 10

**Corunna  
EarlyON Centre**  
Wednesday: 10 - 11 am  
November 6

**Forest  
EarlyON Centre**  
Thursday: 10:30 - 11:30 am  
October 10

**Grand Bend  
EarlyON Centre**  
Friday: 10 - 11:30 am  
November 1

**Lambton College  
EarlyON Centre**  
Tuesday: 5:30-7:30 pm  
September 10, October 8  
November 12

**Lambton College  
EarlyON Centre**  
Friday: 10 - 11:30 am  
September 27, December 13

**Little Friends/Nwiiykiwensag  
EarlyON Centre**  
Thursday: 10 - 11:00 am  
November 14

**Petrolia  
EarlyON Centre**  
Tuesday: 10:30 - 11:30 am  
November 26

**Port Lambton  
EarlyON Centre**  
Thursday: 10:30 - 11:30 am  
September 5, December 5

**St. Clair EarlyON Centre**  
Friday: 9:30 - 11 am  
October 4

**Watford  
EarlyON Centre**  
Wednesday: 10 - 11:30 am  
September 25  
December 18

## Petrolia EarlyON Centre:

St. Philip School  
420 Queen St.  
p. 519-882-2100  
f. 519-882-4516

### Drop In Hours

Mon. 9 - 11:30 am  
5:30 - 7:30 pm  
Tues. 9 - 11:30 am  
1:00 - 3:00 pm  
Wed. 9 - 11:30 am  
1:00 - 3:00 pm  
Thurs. 9 - 11:30 am  
1:00 - 3:00 pm  
Fri. 9 - 11:30 am

### LEGEND

- © Childcare Provided
- ® Registration is Required

## Infant & Toddler

### Infant Massage ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Lead by a Certified Infant Massage Instructor, during 3 or 4 weekly sessions. **1:30 pm**

Monday September 16, 23, 30, October 7  
Monday December 9, 16, 23

### Make the Connection © ®

Provides opportunities to strengthen the connection between parents and infants 0-12 months, through a variety of activities. An important component involves video-taping of participants who will receive a DVD of the video clips at the completion of the class. In partnership with SCCYS. **1 pm**

**We ask for a commitment to attend all sessions. Limited childcare available, registration is required.**

Monday October 21, 28, November 4, 18, 25 and December 2

### Introduction to Baby Sign ® ©

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and express how they feel, increasing their sense of belonging and well-being. **1:30 pm**

Wednesday December 18

### Little Counters ® ©

Play based program for parents and caregivers with children 12 to 39 months. Families will play, sing and do activities together to understand and build mathematical concepts. **9:30 am**

Wednesday November 6, 13, 20 and 27

## Preschool

### Storytime with Librarian

Join us for a fun time reading books, singing songs, and playing games with our local Librarian. **11 am**

Friday September 20, October 18 and November 15

## Preschool Continued

### Monday Night's for 3-6 Year Old's ®

Children will be able to explore materials and experience activities that will support learning in the areas of math, science and language. Each topic has two sessions, the second session will be based on the children's interest and knowledge from the first session. **6 pm**

September 23 and 30—Math  
October 21 and 28—Science and Nature  
November 18 and 25—Language

### Family Literacy Activities

Join the Early Literacy Specialist where she will share a hands-on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Tuesday September 24, October 22, November 5 and Monday December 9

### Ska:na FLC - Nwiiikwensag EarlyON ®

Let's explore some Aboriginal culture. An EarlyON Indigenous Advocate will provide us with culturally appropriate Indigenous learning opportunities including drumming, songs, legends, teachings and storytelling. Watch the bulletin board for specific activities. **10:30-11:30 am**

Friday October 4, 11, December 6 and 13

## Parenting

### Visit with Registered Dietitian

A Registered Dietitian from Central Lambton Family Health Team will be available to answer any questions you may have about introducing solids, making baby food, feeding picky eaters and much more. **10 - 11:30 am**

Thursday September 12, November 14

### All About Teeth

A Registered Dental Hygienist from Lambton Public Health will be visiting with information on children's dental health and to answer all your questions, such as when to see a Dentist, fluoride use and thumb sucking. **10 - 11:30 am**

Thursday, October 17

## Alvinston EarlyON Site:

Brooke Alvinston  
Municipal Building  
3236 River St.  
Alvinston

p. 519-882-2100  
f. 519-882-4516

### Drop In Hours

Tues. 9 am -12 pm  
Fri. 9 am -12 pm

### LEGEND

- © Childcare Provided
- ® Registration is Required

## Infant & Toddler

### Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Lead by a Certified Infant Massage Instructor, during 3 weekly sessions. **10 am**

Tuesday September 10, 17 and 24

### Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs of communicate. Babies are able to show through sign what they see, what they need and express how they feel increasing their sense of belonging and well-being. **10 am**

Friday November 22

### Little Counters © ®

Play based program for parents and caregivers with children 12 to 39 months. Families will play, sing and do activities together to understand and build mathematical concepts. **10 am**

Tuesday November 12, 19, 26 and December 3

### Music and Movement for Toddlers

Toddlers love to be active! We can express ourselves by moving our bodies in different ways with music. **11 am**

Tuesday October 15  
Friday November 15  
Tuesday December 17

## Preschool

### Storytime with Librarian

Join us for a fun time reading books, singing songs, and playing games with our local Librarian. **11 am**

Friday September 6, October 4,  
November 1 and December 6

## Preschool continued

### Family Literacy Activities

Join the Early Literacy Specialist where she will share a hands on literacy/ numeracy opportunity for parents/caregivers and children to engage in.

**9:30 am**

Friday September 27, October 11, November 8 and December 13

### Playdough Make and Take ®

Sensory activities are an important part of child development. Families will make some playdough together and take it home! Please register so we have enough ingredients.

**9:30 am**

Tuesday October 22

## Parent Information

### Parent Drop-In

A Public Health Nurse is on site to discuss your child's growth and development, and address any concerns you may have. To speak to a Public Health Nurse outside of these drop-In times call 519-383-8331 ext. 3817 **9:30 am to 12 pm**

Tuesday September 3, October 1,  
November 5 and December 3

### SoundStart

A SoundStart Speech-Language Pathologist from Pathways Health Centre for Children is available at EarlyON Child and Family Centre drop-ins to talk with you about your child's communication skills. Drop-Ins are available for families who want to meet with a Speech-Language Pathologist without arranging an appointment. Drop-Ins are first come, first serve. **10:30-11:30 am**

Friday October 25

### All About Teeth

A Registered Dental Hygienist from Lambton Public Health will be visiting with information on children's' dental health and to answer all your questions, such as when to see a Dentist, fluoride use and thumb sucking. **10 - 11 am**

Tuesday October 1

## Forest

### EarlyON Centre:

Kinnwood  
Central School  
63 MacDonald St.  
(Morris St.  
Entrance)  
p. 519-786-6161  
ext. 9230  
p. 1-888-561-2080  
f. 519-786-5399

### Drop In Hours

Mon. 8:00 - 11:30 am  
1:00 - 4:00 pm  
Tues. 8:00 - 11:30am  
1:00 - 4:00 pm  
Wed. 8:00 - 11:30am  
1:00 - 4:00 pm  
Thurs. 8:00 - 11:30am  
1:00 - 4:00 pm  
Fri. 8:00 - 11:30 am  
Sat. 9:30 - 12:00 pm

(Closed the Saturday  
of statutory holidays)

### LEGEND

- © Childcare  
Provided
- ® Registration  
is Required

Check our  
calendar  
for more  
monthly  
programming!

## Infant & Toddler

### Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Lead by a Certified Infant Massage Instructor, during 4 weekly sessions. **10 am**

Thursday September 5, 12, 19 and 26  
Thursday November 7, 14, 21 and 28

### How a Toddler Explores ®

Toddlers have a unique way of learning about their world. They enjoy 'learning by doing'. Through hands on exploration, you and your toddler will play and investigate the drop-in environment. Many of the experiences can be replicated at home, extending the learning even more. **10 am**

Wednesday September 18, October 16,  
November 13 and December 18

### Fun with Baby © ®

Through songs, stories and rhymes, parents/caregivers of infants 0-12 months will discover the benefits of experiences that promote language learning. Responding to the sounds, babbling and first words your baby makes, supports emergent literacy and brain development. **10 am**

Monday September 23 and November 18  
Wednesday October 23 and December 11

### Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and what they are feeling. **10 am**

Thursday October 3

### Music & Movement for Little Ones © ®

Toddlers will have the opportunity to engage in music experiences through listening, movement, signing and playing musical instruments. **10 am**

Monday September 9  
Wednesday October 9  
Tuesday November 5  
Monday December 2

## Preschool

### Story Book Yoga © ®

Yoga stories express imagination and creativity through storytelling and movement. For ages 2.5 and up. **10 am**

Friday September 6 and October 4 - outside  
Friday November 1 and December 6

### Outdoor Play

Outdoor experiences are important for children's health, development and well-being. Check the monthly calendars for what is happening each Friday. **8:00 - 11:30 am**

### Afterschool Make & Take ®

Drop in after school for a Make and Take. Snack will be provided. Call to register. **2:45 pm**

Wednesday September 11 - make lunchables  
Wednesday October 30 - make a board game  
Wednesday November 20 - wooden spoon puppets

### Ska:na FLC - Nwiiikwensag EarlyON ®

Let's explore some Aboriginal culture. An EarlyON Indigenous Advocate will provide us with culturally appropriate Indigenous learning opportunities including drumming, songs, legends, teachings and storytelling. **10 am**

Monday November 4

## Family Activities

### Family Math ®

Parents and children will have opportunities to explore and investigate during hands-on math experiences. This interactive program is for parents and children in **JK, SK and Grade 1 only. 6 pm**

Tuesday September 17, 24, October 1, 8, 15, 22

### Family Literacy Activities ®

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Monday September 16, Friday October 18,  
Tuesday November 12 and December 17

## Infant & Toddler

### Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Lead by a Certified Infant Massage Instructor, during 3 weekly sessions. **10 am**

#### **Camlachie**

Monday October 21, 28 and November 4

#### **Watford**

Wednesday October 30, November 6 and 13

### Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and what they are feeling. **10 am**

#### **Camlachie**

Monday October 7

#### **Watford**

Wednesday November 27

### How a Toddler Explores

Toddlers have a unique way of learning about their world. They enjoy 'learning by doing'. Through hands on exploration, you and your toddler will play and investigate the drop-in environment. Many of the experiences can be replicated at home, extending the learning even more. **10 am**

#### **Thedford**

Tuesday October 15

#### **Watford**

Wednesday October 16

#### **Wyoming**

Thursday October 17

#### **Grand Bend**

Friday October 18

## Preschool

### Music & Movement

Toddlers love to be active! We can express ourselves by moving our bodies in different ways with music. **10 am**

#### **Camlachie**

Monday November 4

#### **Thedford**

Tuesday November 5

#### **Watford**

Wednesday November 6

#### **Wyoming**

Thursday November 7

#### **Grand Bend**

Friday November 8

### Family Literacy Activities ®

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

#### **Camlachie**

Monday September 23, October 7, November 11, December 2

#### **Arkona**

Tuesday September 10, October 29, November 26, December 10

#### **Thedford**

Tuesday September 3, October 1, November 19, December 3

#### **Watford**

Wednesday September 18, October 23, November 20, December 4

#### **Wyoming**

Thursday September 19, October 24, November 21, December 19

#### **Grand Bend**

Friday September 6, October 25, November 22, December 6

### Ska:na FLC - Nwiiikwensag EarlyON ®

Let's explore some Aboriginal culture. An EarlyON Indigenous Advocate will provide us with culturally appropriate Indigenous learning opportunities including drumming, songs, legends, teachings and storytelling. **10 am**

#### **Wyoming**

Thursday September 26

#### **Watford**

Wednesday October 2

## EarlyON Mobile Program

### Camlachie

Mondays at the  
Camlachie United  
Church  
6784 Camlachie  
Rd.  
9:30-11:30 am

### Thedford

1st & 3rd Tuesday  
Lambton County  
Library  
Legacy Centre  
16 Allen St.  
9:30-11:30 am

### Arkona

2nd, 4th & 5th  
Tuesday  
Arkona Recreation  
Centre  
16 Smith St.  
9:30-11:30 am

### Watford

Wednesdays at the  
Trinity Anglican  
Church  
5331 Nauvoo Rd.  
9:30-11:30 am

### Wyoming

Thursdays  
Holy Rosary  
Catholic School  
715 London St.  
9:30 - 11:30 am

### Grand Bend

Fridays at the  
Grand Bend Public  
School

Please let us know what programs you would like to see offered at our mobile sites!

You can register by calling  
519-786-6161 ext. 9226

## **Choosing Books to Read with Your Child**



Below are some suggestions for choosing books to read with your child. Most importantly, choose books you and your child will enjoy! Set a goal to read aloud with your child at least 15 minutes every day. Experiment to find out the best time during the day that your child is most interested or engaged with books (not all children cope with "bed time" reading).

Check out the Read Aloud website at <https://www.readaloud.org/>

### **Things to look for:**

- Books that encourage children's imagination.
- Books that treat people with respect.
- Books that represent people from different cultures.
- Books that create interactive opportunities.
- Books that reflect a child's specific interest: trucks, dinosaurs, pets, etc.

### **Choosing books for babies:**

- Books with limited text.
- Board books or sturdy books that cannot easily be ripped.
- Books with simple, clear and large pictures.
- Books with familiar things: cup, ball, cat, baby, dog, mommy, daddy.

### **Choosing books for toddlers:**

- Books that describe everyday things: getting dressed, playing, eating, going to the potty, going to bed, etc.
- Books that tell a simple story.
- Books with animals.
- Books with pictures that encourage making sounds such as animals/phones.
- Books with more complicated pictures that allow children to find and name familiar things.

### **Choosing books for preschoolers:**

- Books that tell a more complicated story.
- Books with more text.
- Books about feelings and other abstract ideas.
- Books about less familiar things: different cultures, different animals.
- Books with humour, nonsense or rhymes.
- Books about ideas that can't always be explained easily: rainbows, magic.