

Early ON

Child and Family Centre

ON y va

Centre pour l'enfant et la famille

Sarnia-Lambton Spring 2020

www.earlyonlambton.ca



Play with Peers



Linking Families with Services



Learning for Parents



Play with Parents and Caregivers



The views expressed in this publication do not necessarily reflect those of the Province.

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EarlyON Child and Family Centres

The Ministry of Education funds the County of Lambton to oversee the delivery of EarlyON Centres. During 2020, the County of Lambton is working with existing service providers to continue the delivery of services throughout Lambton County and identifying areas where change is necessary to build the capacity of the system.

EarlyON Child and Family Centres offer free, drop-in programs for children up to six years old and their parents/caregivers. EarlyON Centres are places to engage and connect with others in the community and feel a sense of belonging.

What does this mean for families?

- You will be welcomed by Registered Early Childhood Educators who can provide support, advice, and helpful resources.
- Community partners meet with families in their community, offering advice, support, assessments and therapies.
- Educators will continue to work with families and the community, to provide services that support the growth and development of young children and families.
- EarlyON Centres are places where parents and caregivers can start making connections and build relationships that are essential to realizing a child's full potential. Where they can learn, grow and connect.
- Children can learn, play, laugh, be curious, make friends and engage with others. Where they can build their sense of belonging and capacity for expression, enhance their own well-being and explore and engage with the world around them.



EarlyON Educators are posting photos of daily experiences at our Centres. Information on hours of operation and upcoming events are also posted.

Follow us at Lambton EarlyON Centre

Lambton College EarlyON Centre

North Building
1457 London Road
Sarnia, ON
N7S 6K4
p. 519-542-6100
f. 519-541-2423

Drop In Hours

Mon. 9 am - 3 pm
Tues. 1 - 3:00 pm
& 5 - 7:30 pm
Wed. 9 am - 12 pm
& 1-3 pm
Thurs. 9 am - 3 pm
Fri. 9 am - 12 pm
Sat 9 am - 1 pm
(Closed the Saturday of
statutory holidays)

Coronation Park EarlyON Centre

1014 Oak Avenue
Sarnia, ON N7S 3T7
p. 519-344-9601

ext. 3113

or 519-542-6100

Drop In Hours

Mon. 9 am - 12 pm
Tues. 9 am - 12 pm
Wed. **Active Babies only**
9:30 am - 12 pm
Fri. 9 am - 12 pm

Ska:na Family Learning Centre

EarlyON Centre

295 Essex Street
Sarnia, ON
N7T 4S3

p. 519-339-0945

Drop In Hours

Tuesday, Wednesday &
Thursday
9:30 am -12:30 pm
(includes 1 hr. outdoor
time—weather permitting)
*Wed. **Baby Time Activi-
ties** 11:30 am-12:30 pm

LEGEND

- © Childcare
Provided
- ® Registration
is Required

Infant & Toddler

Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and well-being. Parents will learn techniques to sooth and connect with their baby. Led by a Certified Infant Massage Instructor, during 4 weekly sessions.

Lambton College

Monday afternoons, **2:00-3:00 pm**
April 20-May 11

*Registration may begin March 30

Monday afternoons, **2:00-3:00 pm**
June 1-22

*Registration may begin May 11

St. Clair

Tuesday afternoons, **1:30-2:30 pm**
May 5-26

*Registration may begin April 14

Fun With Baby © ®

Through songs, stories and rhymes, parents/caregivers of infants 0-12 months will discover the benefits of experiences that promote language learning. Responding to the sounds, babbling and first words your baby makes, supports emergent literacy and brain development.

Lambton College

Thursday afternoons, **2:00-3:00 pm**
April 16– May 21

*Registration may begin March 26

Infant Spaces and Play © ®

(Ages Birth to 6 months old)

A Montessori-inspired workshop for parents and caregivers exploring infant development in the first year of life. For expectant families or families with babies 0-6 months.

St. Clair

Wednesday morning, **9:30-11:30 am**
April 1

*Registration may begin March 4

Active Babies Drop-in

Infants 6-16 months, will crawl through tunnels, climb foam hills and explore the environment around them. Together, you and your baby will engage in play that celebrates their developing motor skills. This format does not require pre-registration. **NO** childcare.

Coronation Park

Wednesday mornings, **9:30am-12:00 pm**
(**NOT** July 1)

Feelings Activity ®

(Ages Birth to 6 years old)

Specialized activity on feelings. This session is facilitated by our Outreach Children's Program Worker: April Lepore.

St. Clair

Friday morning, **9:30-10:30 am**
April 24

*Registration begins March 20

Exploration With Toddlers ®

Toddlers are competent, complex thinkers in play. They have a unique way of learning about their world. Toddlers learn by engaging in active, play-based experiences, especially with a responsive adult. This program will give you and your toddler the opportunity to engage in meaningful interactions while exploring the drop-in environment as co-explorers and co-learners. Many of the experiences can be replicated at home, which further extends your child's learning. This program is geared to the **15-30 month old toddler**.

Coronation Park

Thursday mornings, **9:30-11:30 am**
March 19-April 9

*Registration may begin February 27

*To register for Lambton College & Coronation
Park EarlyON Centre programs, please call
519-542-6100 Ext. 2945*

*To register for St. Clair EarlyON
Centre programs, please call 519-337-7811*

*To register for Ska:na EarlyON Centre programs,
please call 519-339-0945 Ext. 227 or
Email: Brittany@skanaflc.com*

Preschool

Family Math © ®

Parents and children will have opportunities to explore and investigate during hands-on math experiences. This interactive program is for parents and children in **JK, SK and Grade 1 only**.

Lambton College

Tuesday evenings, **6-7:30 pm**
March 24-April 28

*Registration may begin March 3

Parent Information

Dental Screenings for Children

(Ages birth to 6 years old)

Lambton Public Health (Dental Hygienists) will be on-site to perform dental health screening on children within program. Screening will include counting of teeth, screening for dental concerns, distributing free supplies such as: toothbrushes, toothpaste and floss. Information about dental health will be available.

St. Clair EarlyON

Lambton College EarlyON

Coronation Park EarlyON

*Dates to be announced on our Facebook page: **Lambton EarlyON Centre**

Visit with a Registered Dietitian

A Registered Dietitian/Nutritionist from Lambton Public Health will be available to discuss nutrition and dietary concerns. Topics: introducing solids, making baby food and picky eaters.

St. Clair

Wednesday morning, **9:30-11:00 am**
May 20

Lambton College

Wednesday afternoon, **1:00-3:00 pm**
May 20

Family Activities

Outdoor Exploration

Join us as we explore the outdoors. Together with your child, enhance your sense of well-being, build confidence and take risks in physical play. We will meet at the Lambton College EarlyON Centre at 10:00 a.m. We will begin our adventure at 10:15 a.m. Please dress appropriately for outdoor play: hat, sunscreen, closed toe shoes or boots, long pants and long sleeves. Snack will be provided.

Lambton College

Thursday mornings, **10:00-11:30 am**
May 28-June 18

Introduction to the French Language

(Ages Birth to 6 years old)

Everyone is welcome to join us for introductory sessions in learning more about the French Language. In these sessions, an EarlyON French Immersion Educator will provide us with a variety of learning opportunities. It will include such things as: games, stories, songs, free play moments, creative opportunities and circle time.

St. Clair

Monday mornings, **9:00-11:30 am**
April 6, 20, 27

Introduction to the Ojibwe Language/

Indigenous Story Telling

(Ages Birth to 6 years old)

Everyone is welcome to join us for an introductory session in learning more about the Ojibwe Indigenous Culture. In this session, an EarlyON Indigenous Advocate will provide us with Indigenous learning opportunities. It will include such things as: drumming, songs, legends, teachings, story telling and creative opportunities.

St. Clair

Friday morning, **9:30-11:30 am**
April 17

La ribambelle Saint-Thomas-d'Aquin Centre ON y va

931 Champlain Rd.
Sarnia, ON
N7V 2E9
p. 519-542-5423
f. 519-542-4935

Drop In Hours

Tues. & Wed. & Thurs.
9:30 am-12:30 pm

Bright's Grove

EarlyON Centre

St. Michael School
1930 Wildwood Drive
Bright's Grove, ON
N0N 1C0
p. 519-542-6100

Drop In Hours

Tues. 9:30 - 11:30 am

St. Clair EarlyON Centre

Lochiel Kiwanis Community Centre
180 College Ave. N.
Sarnia, ON
N7T 7X2
p. 519-337-7811
f. 519-337-0914

Drop In Hours

Monday-Friday 9:00-11:30am
Tuesday & Thursdays 1-3:15pm.

***Transportation:**

(within the City of Sarnia)
Thursday mornings.
Please call 519-337-7811 before 8:45 am if you need a ride.

LEGEND

- © Childcare Provided
- ® Registration is Required

Did You Know?

Your Child's enhanced 18-month well-baby visit

When you go for your visit, you and your health care provider will discuss your child's development and you can ask any questions you may have. You will complete a checklist, which provides a snapshot of your child's development and a starting point for your discussion.

The visit allows early identification of any concerns and a referral to specialized community services, if necessary, for your child.

If you do not have a health provider, you can meet with a public health nurse by calling 519 383-8331

For more information go to www.children.gov.on.ca

French Mondays

Monday morning visits are an immersion in the French Language for families attending English EarlyON Centres. The French vocabulary is integrated via games, stories and songs during free play moments, snack time and circle time. All families are welcome!

Forest EarlyON Centre

Monday mornings 9:00-11:30
March 2, 9, 23, 30

St. Clair EarlyON Centre

Monday mornings 9:00-11:30
April 6, 20 & 27

Corunna EarlyON Centre

Monday mornings 9:00-12:00
May 4, 11, 25

Physical Literacy

"Physical Literacy is the development of basic movement and sport skills, such as jumping, swimming and throwing. When children feel confident performing these movement skills, they are more likely to participate in activities that require these skills as they grow older". Basic movement skills such as crawling, kicking, throwing, balancing, skipping, etc. will help your child to feel confident, build competence, enhance self-esteem and create opportunities as they grow. This is most effective when you are a partner in your child's play, providing encouragement along the way.

For activity ideas to promote physical literacy visit www.lambtonpublichealth.ca.

The above information has been adapted from:

<https://lambtonpublichealth.ca/health-info/teaching>

Parent and Professional Resource Centre (PPRC)

What: A place where parents and caregivers can make learning materials to use with children in their home. Materials and laminating are provided for use while at the centre, free of charge.

Where: Lambton College North Building (near the EarlyON Centre)

When: Tuesday 12-8, Wednesday 11-6, Thursday 12-8 The first and third Saturday of the month (closed the Saturday of a stat holiday).

*Limited child care provided by the EarlyON Centre Tuesday afternoons, between 12:30-2:30 pm, for one hour, on a first come, first served basis.

Thank you to the County of Lambton for funding the Parent and Professional Resource Centre.

Infant & Toddler

Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and well-being. Parents will learn techniques to sooth and connect with their baby. Led by a Certified Infant Massage Instructor, during 4 weekly sessions.

Corunna

Wednesday afternoons, **1:30-2:30 pm**
April 29-May 20

Music & Movement with Toddlers© ®

Toddlers love to be active! We can express ourselves by moving our bodies in different ways!

Corunna

Monday mornings, **11-11:30 am**
June 8, 15, 22, 29

Yoga for Children

Shannon Turner from Mandakani Studio will share a introductory yoga practice for children. Come relax with us!

Corunna

Wednesday mornings, **11:00-11:30 am**
April 1, May 6, June 3

Story Time With The Librarian

Join us for fun times reading books, singing songs and playing games with our local librarian!

Corunna

Friday mornings, **11:00-11:30 am**
April 17, May 15, June 19

Port Lambton

Thursday mornings, **11:00-11:30 am**
April 30, May 14, June 25

**To register for
Port Lambton,
Corunna &
Brigden
EarlyON
Centre sites,
call 519-892-3151**

Family Activities

Celebrating Mother Earth

Celebrate Mother Earth with Sophie Solares from Aamjiwnaang EarlyON Centre. She will engage the children in a rock painting activity, discuss the importance of caring for our environment and teach us some words in Ojibwe.

Corunna

Morning morning, **10:00-11:00 am**
April 6

Parent Information

All About Teeth

A Registered Dental Hygienist from Lambton Public Health will be visiting with lots of information on children's dental health and be able to answer all your questions, such as when to see a Dentist, fluoride and thumb-sucking.

Brigden

Friday April 3, **9:30-11:00 am**

Port Lambton

Thursday April 23, **9:30-11:00 am**

Corunna

Wednesday April 22, **9:30-11:00 am**

Mindfulness and Breathing

Shannon Turner from Manadakani Yoga Studio will lead new and busy mom's through a mindfulness and breathing routine to encourage relaxation.

Corunna

Wednesday afternoon, **1:30-2:30 pm**
May 27

Visit with a Registered Dietitian

A Registered Dietitian/Nutritionist from Lambton Public Health will be available to discuss nutrition and dietary concerns. Topics: introducing solids, making baby food and picky eaters.

Corunna

Wednesday morning, **9:30-11:00 am**
April 15

Port Lambton EarlyON Centre

Riverview Central
School
3926 St. Clair Parkway
Port Lambton, ON
N0P 2B0
p. 519-892-3151

Drop In Hours

Tuesday 9 - 11:30 am
Thursday 9 - 11:30 am
*5:30 - 8 pm
(*Registered Programs
Only)

Corunna

EarlyON Centre

St. Joseph School
535 Birchbank Drive
Corunna, ON N0N 1G0
p. 519-862-5071
ext.228

or 519-542-6100

Drop In Hours

Monday 9 - 11:30 am
Wed. 9 - 11:30 am
& 1 - 3:30 pm
*Thurs. 5:30 - 7:30 pm
(*Registered Programs
Only)

Friday 9 - 11:30 am

Brigden

EarlyON Centre

Brigden United Church
2420 Jane St.
Brigden, ON N0N 1B0
p. 519-892-3151

Drop In Hours

Friday 9 - 11:30 am

LEGEND

- © Childcare Provided
- ® Registration is Required

Parent Drop-In Program

A Public Health Nurse is on site to discuss your child's growth and development, and address any concerns you may have.

To speak to a Public Health Nurse outside of these drop-in times, call 519-383-8331 ext. 3817

**Alvinston
EarlyON Centre**
1st Tuesday of
each month
(9:30-11:30 am)

**Arkona
EarlyON Centre**
2nd Tuesday of
each month
(9:30-11:30 am)

**Brigden
EarlyON Centre**
2nd Friday of
each month
(9:30-11:30 am)

**Camlachie
EarlyON Centre**
3rd Monday of
each month
*May 2nd Monday
(9:30-11:30 am)

**Coronation Park
EarlyON Centre**
3rd Tuesday of
each month
(9:30 - 11 am)

**Corunna EarlyON
Centre**
Every Wednesday
(10 - 11:30am)

**Forest EarlyON
Centre**
Every Thursday
(9:30 - 11:30 am)

**Grand Bend
EarlyON Centre**
3rd Friday of
each month
(9:30-11:30 am)

**Lambton College
EarlyON Centre**
Every Monday
(9:30 - 11:30 am)

**Petrolia
EarlyON Centre**
Every Thursday
(9:30 - 11:30 am)

**Lambton Public
Health
Point Edward**
Every Wednesday
(9:30-11:30 am)

**Port Lambton
EarlyON Centre**
1st Tuesday of
each month
(9-11 am)

**St. Clair
EarlyON Centre**
4th Tuesday of each
month
(9:30 - 11:30 am)

**Thedford
EarlyON Centre**
1st Tuesday of
each month
(9:30-11:30 am)

**Watford
EarlyON Centre**
2nd Wednesday of
each month
(9:30-11:30 am)

**Wyoming
EarlyON Centre**
1st Thursday of
each month
(9:30-11:30 am)

“Is your child having difficulty communicating?”

A SoundStart Speech-Language Pathologist from Pathways Health Centre for Children is available at EarlyON Child and Family Centre drop-ins to talk with you about your child's communication skills.

Drop-Ins are available for families who want to meet with a Speech-Language Pathologist without arranging an appointment.

Drop-Ins are first come, first served.

You can also book an assessment appointment by contacting SoundStart through Pathways Health Centre for Children at 519-542-2074 or 1-855-542-3471.

SoundStart currently accepts referrals for children until January 31st of the year before they are eligible to attend Grade 1. Children beyond this age should be referred for school-based services through their teacher.

Services are funded by the Government of Ontario and are provided at no charge to families.



**Alvinston
EarlyON Centre
Friday: 10:30-11:30 am
April 24**

**Coronation Park
EarlyON Centre
Tuesday: 10:30-11:30 am
March 10, June 9**

**Corunna
EarlyON Centre
Wednesday: 10:00-11:00 am
May 6**

**Forest
EarlyON Centre
Thursday: 10:30-11:30 am
April 2, July 9**

**Grand Bend
EarlyON Centre
Friday: 10:00-11:30 am
May 8**

**Lambton College
EarlyON Centre
Tuesday: 5:30-7:30 pm
March 10, April 14 & June 2**

**Lambton College
EarlyON Centre
Friday: 9:30-11:30 am
May 1**

**Little Friends/Ska:na
EarlyON Centre
Thursday: 10:00-11:00 am
May 14**

**Petrolia
EarlyON Centre
Tuesday: 10:30-11:30 am
May 26**

**Port Lambton
EarlyON Centre
Thursday: 10:30-11:30 am
March 5, June 25**

**St. Clair EarlyON Centre
Friday: 9:30-11:00 am
April 3 & July 10**

**Watford
EarlyON Centre
Wednesday: 10:00-11:30 am
March 25, June 24**

Petrolia EarlyON Centre:

St. Philip School
420 Queen St.
p. 519-882-2100
f. 519-882-4516

Drop In Hours

Mon. 9 - 11:30 am
5:30 - 7:30 pm
Tues. 9 am - 3 pm
Wed. 9 am - 3 pm
Thurs. 9 am - 3 pm
Fri. 9 - 11:30 am

**Please note
our hours
have
CHANGED on
Tuesdays,
Wednesdays
and
Thursdays!**

LEGEND

- © Childcare Provided
- ® Registration is Required

Infant & Toddler

Infant Massage ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Led by a Certified Infant Massage Instructor, during 4 weekly sessions. **1 pm**

Monday, May 25, June 1, 8 and 15

Little Counters © ®

Play based program for parents and caregivers with children 12 to 39 months. Families will play, sing and do activities together to understand and build mathematical concepts. Please plan to attend all three sessions. **9:30 am**

Wednesday, April 8, 15 and 22

Bubbles and Babies ® ©

Let's explore with bubbles! We will sing and play with bubbles to promote physical and language development. Great for infants who can sit up on their own. **1:30 pm**

Tuesday, April 14

Introduction to Baby Sign ® ©

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and express how they feel increasing their sense of belonging and well-being. **1 pm**

Wednesday, May 13

Preschool

Story Time with Librarian

Join us for a circle time where we will read books, sing songs, and play games with our local Librarian. **11 am**

Friday, April 24, May 22, and June 19

Family Literacy Activities ®

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Monday, April 20,
Tuesday, May 5 and June 2

Preschool Continued

Storybook Yoga

Yoga stories express imagination and creativity through storytelling and movement and stretching. For ages 2.5 and up. **2 pm**

Tuesday, May 26 and June 23

Monday Nights for 3-6 year old's ®

Children will be able to explore materials and experience activities that will support learning in the areas of math, science and language.

6 pm

Monday, April 27 ~ Math

Monday, May 11 ~ Science and Nature

Monday, June 8 ~ ABC's & Story Telling

Oil Springs Families!

The EarlyON Centre is coming to the Youth Centre in April for a free Pop UP Program. Look for more details coming soon!

Parent Information

Visit with Registered Dietitian

A Registered Dietitian from the Central Lambton Family Health Team will be available to answer any questions you may have about introducing solids, making baby food, feeding picky eaters and much more. **10 to 11:30 am**

Thursday, May 14

Dental Screening

Lambton Public Health (Dental Hygienists) will be on-site to perform dental health screening on children within program. Screening will include counting of teeth, screening for dental concerns, distributing free supplies such as: toothbrushes, toothpaste and floss. Information about dental health care will be available.

10 to 11 am

Thursday, April 16

Infant & Toddler

Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Led by a Certified Infant Massage Instructor, during 3 weekly sessions. **10 am**

Thursday, June 4, 11, 18

How a Toddler Explores © ®

Toddlers have a unique way of learning about their world. They enjoy 'learning by doing'. Through hands on exploration, you and your toddler will play and investigate the drop-in environment. Many of the experiences can be replicated at home, extending the learning even more. **10 am**

Wednesday, April 15, May 13 & June 17

Fun with Baby © ®

Through songs, stories and rhymes, parents/caregivers of infants 0-12 months will discover the benefits of experiences that promote language learning.

Responding to the sounds, babbling and first words your baby makes, supports emergent literacy and brain development. **10 am**

Tuesday, April 28, May 26 and June 30

Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and what they are feeling. **10 am**

Thursday, April 23

Songs & Stories for Babies ®

Share literacy with your baby through songs, rhymes and stories. For caregivers with infants 0 to 12 months.

Thursday, April 2 **10:45 am**

Thursday, May 7 **10 am**

Thursday, June 4 **10:45 am**

Nibble & Learn for Toddlers ®

Toddlers love to explore! Be sure to register for this special snack time where we will explore some fruits and veggies while learning more about them. **10 am**

Monday, April 27 and June, 15

Wednesday, May 20

Preschool

Story Book Yoga © ®

Yoga stories express imagination and creativity through storytelling and movement. For ages 2.5 and up. **10 am**

Friday April 24, May 29 and June 19

Family Literacy Activities

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Tuesday, April 21, Monday, May 4

Friday, June 12

Afterschool Make & Take

Drop in after school for a Make and Take. Snack will be provided. Call to register.

2:45 pm

Wednesday, April 22 ~ BINGO

Wednesday, May 27 ~ Make Lunchables

Wednesday, June 10 ~ Strawberry Milk Shakes & Mini Pizza

Family Math ®

Parents and children will have opportunities to explore and investigate during hands on math experiences. This interactive program is for parents and children in **JK, SK and Grade 1 only**. **6:30 pm**

Tuesday, April 7, 14, 21, 28, May 5, 12

Parenting

Baby's First Foods ®

Join our local dietitian for a conversation on when and how to introduce complimentary first foods to your little one. Resources will include a sample menu for your little one during the first year. In partnership with North Lambton CHC. **10 am**

Thursday, May 28

Dental Screening

Lambton Public Health (Dental Hygienists) will be on-site to perform dental health screening on children within program. Screening will include counting of teeth, screening for dental concerns, distributing free supplies such as: toothbrushes, toothpaste and floss.

Information about dental health care will be available. **10 am**

Thursday, May 14

Forest EarlyON Centre:

Kinnwood

Central School
63 MacDonald St.
(Morris St.
Entrance)

p. 519-786-6161
ext. 9230
p. 1-888-561-2080
f. 519-786-5399

Drop In Hours

Mon. 8:00 - 11:30 am

1:00 - 4:00 pm

Tues. 8:00 - 11:30am

1:00 - 4:00 pm

Wed. 8:00 - 11:30am

1:00 - 4:00 pm

Thurs. 8:00 -11:30am

1:00 - 4:00 pm

Fri. 8:00 - 11:30 am

Sat. 9:30 - 12:00 pm

(Closed the Saturday
of statutory holidays)

Canada Day Picnic ®

Join us to celebrate Canada's Birthday with fun games and activities followed by lunch. Please bring a donation for the contact house. Brought to you in partnership with the North Lambton Community Health Centre. Location to be determined at a later date. Registration required. **10 am**
Friday, June 26

LEGEND

© Childcare
Provided

® Registration
is Required

Alvinston

EarlyON Site:

Brooke Alvinston
Municipal Building
3236 River St.
Alvinston

p. 519-882-2100

f. 519-882-4516

Drop In Hours

Tues. 9 am -12 pm

Fri. 9 am -12 pm

LEGEND

- © Childcare Provided
- ® Registration is Required

Infant & Toddler

Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and express how they feel increasing their sense of belonging and well-being. **10 am**

Tuesday, May 12

Music and Movement for Toddlers

Toddlers love to be active! We can express ourselves by moving our bodies in different ways with music. **11:30 am**

Tuesday, April 28 and May 26

Science for Toddlers

Can toddlers learn science? Sure they can with every day materials and observations we will see interesting things. **9:30 am**

Friday, May 22 and June 19

Parachute Songs

Let's explore movement and music with the parachute and other great materials. Using the parachute also promotes turn taking and team work! **11 am**

Friday, May 8

Please let us know what other infant programs you would like to see offered in Alvinston!

Preschool

Storytime with Librarian

Join us for a fun time reading books, singing songs, and playing games with our local Librarian. **11 am**

Dates TBD, watch monthly calendars for more information

Family Literacy Activities

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Friday, April 3 and May 15

Tuesday, June 23

Parenting

Parent Drop-In

A Public Health Nurse is on site to discuss your child's growth and development, and address any concerns you may have. To speak to a Public Health Nurse outside of these drop-in times call 519-383-8331 ext. 3817 **9:30 am to 12 pm**

Tuesday, April 21

Tuesday, May 5

Tuesday, June 2

SoundStart

A SoundStart Speech-Language Pathologist from Pathways Health Centre for Children is available at EarlyON Child and Family Centre drop-ins to talk with you about your child's communication skills. Drop-Ins are available for families who want to meet with a Speech-Language Pathologist without arranging an appointment. Drop-Ins are first come, first serve. **10:30-11:30 am**

Friday, April 24

Dental Screening

Lambton Public Health (Dental Hygienists) will be on-site to perform dental health screening on children within program. Screening will include counting of teeth, screening for dental concerns, distributing free supplies such as: toothbrushes, toothpaste and floss. Information about dental health care will be available.

10 to 11:00 am

Infant & Toddler

Infant Massage © ®

Infant massage supports babies, 2-12 months, gain a sense of belonging and wellbeing. Parents will learn techniques to soothe and connect with their baby. Led by a Certified Infant Massage Instructor, during 3 weekly sessions. **10 am**

Camlachie

Monday, April 27, May 4 & 11

Watford

Wednesday, April 29, May 6 & 13

Introduction to Baby Sign © ®

Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and what they are feeling. **10 am**

Camlachie

Monday, June 1

Watford

Wednesday, May 27

Taking Care of Mom and Baby

Registered Dietitian will be present to discuss transitioning baby to solids and the Pelvic Health Physiotherapist will discuss pelvic floor health and the changes that occur after pregnancy and delivery. In partnership with GBCHC. **10 am**

Grand Bend

Friday, April 3

Pinery Provincial Park Presentation

Join a Naturalist from the Pinery Provincial Park to hear nature stories, partake in hands on exploration, and learn all about animals from our community. **10 am**

Watford

Wednesday, April 22

Wyoming

Thursday, April 23

Preschool

Tales for Tots

Join us for a fun time reading books, singing songs and playing games with a Librarian from Lambton County Library. **11 am**

Camlachie, Thedford, Wyoming, Grand Bend

Talk to EarlyON staff regarding site specific dates.

Family Literacy Activities

Join the Early Literacy Specialist where she will share a hands on literacy/numeracy opportunity for parents/caregivers and children to engage in. **9:30 am**

Camlachie

Monday, April 13, May 25, June 15

Thedford

Tuesday, April 7, May 19, June 16

Arkona

Tuesday, April 14, May 12, June 9

Watford

Wednesday, April 15, May 20, June 17

Wyoming

Thursday, April 16, May 21, June 18

Grand Bend

Friday, April 17, May 22, June 19

Parenting

Dental Screening

A Registered Dental Hygienist from Lambton Public Health will be visiting with information on children's dental health and to answer all your questions, such as when to see a Dentist, fluoride use and thumb sucking. **10 am**

Camlachie

Monday, June 8

Thedford

Tuesday, May 19

Arkona

Tuesday, May 26

Wyoming

Thursday, May 28

Grand Bend

Friday, May 8

EarlyON Mobile Program

Camlachie

Mondays at the
Camlachie United
Church
6784 Camlachie Rd.
9:30-11:30 am

Thedford

1st & 3rd Tuesday
Lambton County
Library
Legacy Centre
16 Allen St.
9:30-11:30 am

Arkona

2nd, 4th & 5th
Tuesday
Arkona Recreation
Centre
16 Smith St.
9:30-11:30 am

Watford

Wednesdays at the
Trinity Anglican
Church
5331 Nauvoo Rd.
9:30-11:30 am

Wyoming

Thursdays
Holy Rosary
Catholic School
715 London St.
9:30 - 11:30 am

Grand Bend

Fridays at the Grand
Bend Public School
15 Gill Rd.
9:30-11:30 am

LEGEND

© Childcare
Provided
® Registration
is Required



SPRING “ZIGWAN” IN ANISHNAABEMOWIN LANGUAGE (INDIGENOUS CULTURE)

- Spring brings seeds, berries and corn for thanks, for being able to start the cycle of life and thank all of creations for providing for us and caring for the youngest brother and sisters, the human race.
- This is the season to garden, to bless the seeds and prepare the soil for the plants that will provide for the community, and / or family.
- This is the time that the Thunderers return to energize the earth and prepare it for the seeds and plants for the coming growing season.
- When we hear them, we offer them tobacco for following their original instructions.
- Others say the thunderbirds are returning to our region.

