

To all Lambton EarlyON families:

The Lambton EarlyON Centres would like to share with you an amazing, **FREE**, Self-Reg Learning Opportunity, offered by the Parent & Professional Resource Centre. This **Self-Reg Parenting Program**, delivered through TMC's e-School and face to face groups, explores the principles of Shanker Self-Reg®, and offers practical ways parents can use Self-Reg to:

- Gain a whole new understanding of behaviour and how to respond to it.
- Learn the impacts of excess stress on children's behaviour and moods.
- Gain an understanding of their own stress and how it affects parenting.

This event will be offered on-line through MS Teams, delivered by Marilyn Barros, TMC Presenter, with support from Tracy Haney.

For more information and to register for this event, please follow the link below:

<https://www.eventbrite.ca/e/self-reg-program-for-parents-tickets-118030535509>

We'd love to see you at the following programs we are offering this week:

EarlyON Virtual/Online Programs – September 14 th to September 18 th		
Date	Time	Online Program
Monday, Sept. 14 th	9:30 a.m.	Fun with Baby – Click here to join at 9:30. Join Leanne and Tina for songs, stories and rhymes. Parents and caregivers of infants 0-12 months will discover the benefits of experiences that promote early language learning.
	10:00 a.m.	Circle Time - Click here to join at 10:00.
Tuesday, Sept. 15 th	10:00 a.m.	Fun with Baby - Click here to join at 10:00. Join Tracy and Leanne for songs, stories and rhymes, parents and caregivers of infants 0-12 months will discover the benefits of experiences that promote language learning.
	2:00 p.m.	Circle Time - Click here to join at 2:00.
Wednesday, Sept. 16 th	9:30 a.m.	Circle Time – Click here to join at 9:30. Join educators from the Corunna/Port Lambton/Brigden EarlyON's for circle time experiences.
	10:00 a.m.	Circle Time - Click here to join at 10:00.
	1:00 p.m.	Story Time - Click here to join at 1:00. Join educators from the Lambton College EarlyON for a quiet afternoon story time.

Thursday, Sept. 17 th	10:00 a.m. 1:00 p.m.	<p>Circle - Click here to join at 10:00.</p> <p>Parent Gathering - Click here to join at 1:00. Parents/Caregivers are welcome to join EarlyON educators to engage in discussions regarding your home experiences these last few months. This is an opportunity for you to connect with other families and seek support from educators.</p>
Friday, Sept. 18 th		There will be no live programs offered today as staff are involved in a system wide PD event.

*To participate in our programs, you may be prompted to download the Microsoft Teams app (it only takes a few minutes).

To view additional EarlyON programs click on [EarlyON Events Calendar](#).

To view "Parent Resources", click on [Parent Resources](#).

If you would like to reach out to us with any suggestions or questions, you can email us at EarlyON@lambtoncollege.ca .

The Lambton EarlyON Team