



Infant Massage

Live session using Microsoft Teams

**Four Monday Afternoons:
March 8 to 29th**

1:30-2:30pm

Infant massage supports babies 2-12 months, gain a sense of belonging and well-being. Parents will learn techniques to soothe and connect with their baby. Infant massage is led by Certified Infant Massage Instructors during 4 weekly sessions. Supporting materials will be emailed to participants throughout the program.

**For more information and to REGISTER please email:
EarlyON@nlchildcare.ca**

