

People In Our Neighbourhood

This virtual series is all about who is in our Sarnia/Lambton neighbourhood.

We have a variety of agencies and professionals that exist to support us! An EarlyON Educator will facilitate each session with a professional from different agencies throughout our area, giving information on lots of different subjects. All families in Sarnia/Lambton are welcome to join the sessions that interest you. Come and learn more about the people in our neighbourhood!

Coming Soon!



1:30-2:30pm

Thursday, March 4th

Your Child's Health!

Liz Fanset is a Registered Nurse and specializes in health promotion and is from North Lambton Community Health Centre. She can answer questions on immunizations and illnesses.

Tuesday, March 9th

Feeding Baby Solid Food!

Registered Dietitian Emily Opthof from Central Lambton Family Health Team can give information on current guidelines for feeding your little one solid foods.

Thursday, March 18th

How to Make Play Therapeutic!

Allison Shaw is a Therapeutic Recreation Specialist from Pathways Health Centre for Children. Allison offers families meaningful leisure activities that promote physical and social development. She will tell us about easy, affordable games to try at home!

Thursday, March 25th

Is Parenting Stressing You Out?

Nathan Russell is a Registered Social Worker from the Central Lambton Family Health Team. He will be available to talk about dealing with the every day stress of parenting and how we can manage challenging expectations.

Please register: EarlyON@nlchildcare.ca